

# Growing up in Athenry

Dear parent / guardian,

You are invited to attend a short presentation next week delivered by the Western Region Drug and Alcohol Task Force. Last October every school in the county took part in the Planet Youth survey. This is a comprehensive lifestyle survey of 15-16 year olds and it returns some very valuable information on how our young are growing up and what it's like to be a teenager in modern Ireland.

The presentation will be specifically on the information from the surveys that were completed by students in the three secondary schools in Athenry. Some of the topics that will be covered are:

- Substance use
- Screen and Internet use
- Sports and physical activity
- Bullying
- Mental health

The information that will be presented is interesting. It will be factual and a lot is very positive so feel free to attend and be informed a bit more about some of these issues.

Venue: Raheen Woods Hotel  
Date: Wednesday 8<sup>th</sup> of May  
Time: 19.45

This is the first time the Planet Youth survey has been completed in Ireland. The Planet Youth primary prevention model is being piloted for use in Ireland here in Galway. If you'd like a bit more information about the project generally then contact Emmet Major at [emmet.major@gretb.ie](mailto:emmet.major@gretb.ie) or on 087 6629953 or you can visit the international website at [www.planetyouth.org](http://www.planetyouth.org).